

**Mendocino County Health & Human Services
Behavioral Health & Recovery Services
Access to Services Information**

Access/Crisis Centers:

24 years or younger

376 E. Gobbi Street, Ste. B
Ukiah CA 95482

or

32670 Hwy 20, Unit 6
Fort Bragg CA 95437

25 years or Older

564 S. Dora Street, Ste. D
Ukiah CA 95482 (Open 24/7)

or

544 South Main Street, Ste. B
Fort Bragg CA 95437

Substance Use Disorders

Treatment:

1120 S. Dora Street
Ukiah CA 95482

707-472-2637

[www.co.mendocino.ca.us/
hhsa/adult/aod.htm](http://www.co.mendocino.ca.us/hhsa/adult/aod.htm)

**NAMI Mendocino County
National Alliance on Mental
Illness**

P.O. Box 1945

Ukiah CA 95482

707-485-0239

www.namimendocino.org

Mendocino County
Mental Health Plan
(MHP) offers free
language or interpreter
assistance, sign
language or California
Relay Services
(TTY/TDD) for
beneficiaries
requesting or
accessing services.
These services may be
requested at any MHP
provider site or by

**Speak Against
Silence**

North Bay Suicide
Prevention Hotline of
Mendocino County
1-855-587-6373

**Mendocino County Health & Human Services
Behavioral Health & Recovery Services
Mental Health Plan**



Provider List

"Your connection to local services"

**Administration Office
1120 S. Dora Avenue
Ukiah CA 95482
707-472-2300**

Si Usted Español. Si necesita este información en
Español por favor, vea la recepciónista o llamar
1-800-555-5906

****Items:***

AF-CBT—Alternative for Families: A Cognitive Behavioral Therapy
 TF-CBT— Trauma Focused Cognitive Behavioral Therapy
 EMDR—Eye Movement Desensitization and Reprocessing
 EFT—Emotionally Focused Therapy
 CBT—Cognitive Behavioral Therapy
 PCIT—Parent/Child Interactive Therapy
 TCM— Targeted Care Management
 SMHS— Specialty Mental Health Service
 Triple P—Positive Parenting Program
 LLS - Language Line Service
 Young Adults: 18–24
 ASL—American Sign Language
 ROSC— Recovery Oriented System of Care
 FSP—Full Service Partnership
 Children/Youth—People 0 to 24 years
 Adult— People 25 years and Older

Anderson Valley

<p>Anderson Valley Health Center 13500 Airport Rd. Boonville (707) 895-3477 Provider Type: Community Health Center</p>	<p>Serves: Children, Youth, Adults, Older Adults & Families</p>	<p>Language spoken: English / Spanish Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Behavioral Health Counseling and Psychotherapy</p>		
<p>Cultural Competency : White, Black, Hispanic, Native American</p>		
<p>Redwood Community Services (RCS) 11950 Anderson Valley Way Boonville (330) 310-0694 Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth</p>	<p>Language spoken: English / LLS* Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Katie A., TF-CBT8, AF-CBT*, Triple P, CBT*, PCIT*, TCM* & SMHS*</p>		
<p>Cultural Competency : White, Black, Hispanic, LGBTQ, Native American</p>		

South Coast

<p>Redwood Coast Medical Services 46900 Ocean Dr. Gualala (707) 884-4005 Provider Type: Community Health Center</p>	<p>Serves: Children, Youth, Adults, Older Adults, Intellectually Disabled & Families</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: No</p>
<p>Scope of Competence & Evidence Based Practice: Behavioral Health Counseling Services</p>		
<p>Cultural Competency : White, Black, Asian, East Indian, LGBTQ, Native American, & Hispanic</p>		

<p>COASTAL SENIORS 24000 S. Highway 1 Point Arena, CA 95468 (707) 882-2137 Provider Type: Organizational Group</p>	<p>Serves: Older Adults</p>	<p>Language spoken: English/Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Older Adult Support</p>		
<p>Cultural Competency : White, Black, Asian, East Indian, LGBTQ, Native American, & Hispanic</p>		

UKIAH AREA

<p>Mendocino Community Health Clinic 333 Laws Ave. Ukiah 707-468-1010 Provider Type: Federally Qualified Health Clinic</p>	<p>Serves: Children, Youth & Intellectually Disabled Children, Young Adults, Adults, Veterans</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: In-house referral only</p>
<p>Scope of Competence & Evidence Based Practice: Integrated Care Focus, Behavioral Health Services, Psychotherapy & Psychiatry</p>		
<p>Cultural Competency : White, Black, Asian, Hispanic, LGBTQ East Indian, and Native American</p>		

<p>Ukiah Valley Rural Health Center 260 Hospital Drive, Suite #101 Ukiah 707-463-7428 Provider Type:</p>	<p>Serves: Children, Youth & Families, Young Adults, Adults, Veterans</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Behavioral Health Services, Psychotherapy & Psychiatry</p>		
<p>Cultural Competency : White, Black, Asian, Native American Hispanic and LGBTQ</p>		

<p>Redwood Community Services (RCS) 350 E. Gobbi St. Ukiah 707-472-2922</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth, & Families, Young Adults,</p>	<p>Language spoken: English / Spanish/ LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, Katie A., FSP* & SMHS*</p>		
<p>Cultural Competency : White, Black, Asian, Hispanic, LGBTQ and Native American</p>		

<p>Veterans Services Office 360 N. Harrison St. Fort Bragg (707) 964-5823</p> <p>Provider Type: County Office</p>	<p>Serves: Veterans and dependents of veterans</p>	<p>Language spoken: English/Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Advocate for any Veteran or their dependents, assist with Application(s) for benefits.</p>		
<p>Cultural Competency: White, Black, Hispanic, Asian, LGBTQ , East Indian & Native American or any Veteran or dependent of a Veteran</p>		

<p>Redwood Community Crisis Center (RC3) 367 E. Gobbi St. B Ukiah 467-9065 Toll free 24/7 (855) 838-0404</p> <p>Provider Type: Organizational Group</p>	<p>Serves: Children, Youth, Families & Intellectually Disabled Children, Young Adults,</p>	<p>Language spoken: English / Spanish/ LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Mental Health Crisis and Urgent Care Services</p>		
<p>Cultural Competency : White, Black, Asian, Native American, Hispanic and LGBTQ</p>		

<p>Mendocino Coast Hospitality Center 101 N. Franklin St. Fort Bragg (707) 961-0172</p> <p>Provider Type: Organizational</p>	<p>Serves: Adults & Older Adults</p>	<p>Language spoken: English, LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Homeless Resource, Case Management, HUD Housing, TCM* & SMHS*</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American</p>		

<p>Integrated Care Management Solutions (ICMS) 544 S Main St, Suite B Fort Bragg 1-800-555-5906 Provider Type: Organizational Provider</p>	<p>Serves: Adults, Older Adults & Intellectually Disabled Adults</p>	<p>Language spoken: English / Spanish/ TTY/TDD Available/ LLS*</p> <p>Taking new Clients: Yes</p>
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Scope of Competence & Evidence Based Practice:
Crisis, Psychiatry Services, Access to Mental Health Services, TCM*, FSP* & SMHS*

Cultural Competency : White, Black, Hispanic, Asian, East Indian, LGBTQ & Native American

<p>Mendocino Coast Clinics 205 South St. Fort Bragg (707) 964-1251 Provider Type: Federally Qualified Health Clinic</p>	<p>Serves: Children, Youth, Adults, Older Adults, Intellectually Disabled & Families</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: Yes</p>
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Scope of Competence & Evidence Based Practice:
Behavioral Health Services, Psychotherapy & Psychiatry

Cultural Competency : White, Black, Hispanic, Asian, LGBTQ & Native American

<p>Tapestry Family Services 290 E. Gobbi Street Ukiah 707-463-3300 Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth, Families & Intellectually Disabled Children</p>	<p>Language spoken: English / Spanish / LLS*</p> <p>Taking new Clients: Yes</p>
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Scope of Competence & Evidence Based Practice:
TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM* & SMHS*
Katie A*

Cultural Competency : White, Black, Asian, Hispanic, Native American and LGBTQ

<p>Integrated Care Management Solutions (ICMS) 564 S. Dora St. Suite D Ukiah 1-800-555-5906 Provider Type: Organizational Provider</p>	<p>Serves: Adults, Older Adults & Intellectually Disabled Adults</p> <p>Open 24 hours every day</p>	<p>Language spoken: English / Spanish/ LLS*/ TTY/TDD Available</p> <p>Taking new Clients: Yes</p>
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Scope of Competence & Evidence Based Practice:
Crisis, Psychiatry Services, Access to Mental Health Services, TCM* & SMHS* and Full Service Partnerships

Cultural Competency : White, Black, Asian, Hispanic, East Indian, Native American, and LGBTQ

<p>Manzanita Services Wellness Center 410 W. Jones St., C1 Ukiah 707-463-0405</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Youth, Adults, Older Adults & Families</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: SMHS*, Care (case) Management, Health navigation, Wellness Center, Benefits Advocacy, Homeless Services & Housing Support and Transportation Services</p>		
<p>Cultural Competency : White, Black, Asian, Native American, Hispanic and LGBTQ</p>		

<p>Ukiah Senior Center 495 Leslie St. Ukiah 707-463-0405</p> <p>Provider Type: Organizational Group</p>	<p>Serves: Older Adults</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Senior Peer Counseling, Older Adult Support, Veterans, Transportation Services</p>		
<p>Cultural Competency : White, Black, Asian, Hispanic, Native American and LGBTQ</p>		

<p>Redwood Community Crisis Center (RC3) 32670 Hwy 20 Unit 6 Fort Bragg (707) 961-0308 toll free 24/7 (855) 838-0404</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth, Young Adults</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Mental Health Crisis and Urgent Care Services</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American</p>		

<p>Redwood Coast Senior Center 490 N. Harold St. Fort Bragg (707) 964-0443</p> <p>Provider Type: Organizational</p>	<p>Serves: Older Adults</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Senior Peer Counseling, Older Adult Support</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American</p>		

Redwood Valley Area

Consolidated Tribal Health Project 6991 N. State St. Redwood Valley (707) 467-5645 Provider Type: Indian Health Clinic	Serves: Members of Federally Recognized Tribes	Language spoken: English / Native American Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: Behavioral Health Services		
Cultural Competency : White, Black, Hispanic, & Native American		

Fort Bragg & North Coast

Redwood Community Services (RCS) 32670 Hwy 20, Unit 2 Fort Bragg (707) 964-1136 Provider Type: Organizational	Serves: Children, Youth & Families	Language spoken: English / Spanish LLS* Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, Katie A, FSP* & SMHS*		
Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American		

Ukiah Area

Judith Albert, MFT 406 W. Stanley St. Ukiah 707-463-1110 Provider Type: Private Provider	Serves: Adults, Older Adults, Intellectually Disabled & Families	Language spoken: English Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: Counseling, Cognitive Behavioral Therapy		
Cultural Competency : White, Black, Asian, Hispanic, LGBTQ, & Native American		

Tina Marston, MFT 401 W. Mill St. Ukiah 707-462-3021 Provider Type: Private Provider	Serves: Adults, Couples & Families	Language spoken: English Taking new Clients: No
Scope of Competence & Evidence Based Practice: Trauma/Abuse, Anxiety, Depression, EMDR* & EFT*		
Cultural Competency : White, Black, Hispanic, Native American, Asian, & LGBTQ		

<p>MCAVHN 148 Clara Ave. Ukiah (707) 462-1932</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Youth & Adults</p>	<p>Language spoken: English / LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Access to Mental Health, TCM*, SMHS*, CBT*, & ROSC*</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, Native American, East Indian, & LGBTQ</p>		

<p>Veterans Services Office 405 Observatory Ave. Ukiah (707) 463-4226</p> <p>Provider Type: County Office</p>	<p>Serves: Veterans or dependents of Veterans</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Advocate for any Veteran or their dependents, assist with application(s) for benefits.</p>		
<p>Cultural Competency: White, Black, Hispanic, Asian, Native American, East Indian, & LGBTQ, or any Veteran or dependent of a Veteran</p>		

<p>Tapestry Family Services 290 E. Gobbi St. Ukiah 707-463-3300 (Contact for Willits & North County)</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth, Intellectually Disabled Children & Families</p>	<p>Language spoken: English / Spanish / LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, SMHS*, Katie A.</p>		
<p>Cultural Competency : White, Black, Asian, Native American, Hispanic and LGBTQ</p>		

<p>Willits Harrah Senior Center 1501 Baechtel Rd. Willits (707) 459-6826</p> <p>Provider Type: Organizational</p>	<p>Serves: Older Adults</p>	<p>Language spoken: English/Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Senior Peer Counseling and Older Adult Support</p>		
<p>Cultural Competency : White, Black, Hispanic, East Indian, Asian, Native American & LGBTQ</p>		

<p>Manzanita Services 286 School St. Willits (707) 456-9020</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Youth, Adults, Older Adults & Families</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Care (case) Management, Health navigation, Wellness Center, Benefits Advocacy, Homeless Services & Housing Support and Transportation Services</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, Native American & LGBTQ</p>		

<p>Mendocino County Youth Project (MCYP) 776 S. State St. #107 Ukiah 463-4915</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth, Families & Intellectually Disabled Children, Young Adults</p>	<p>Language spoken: English / Spanish/ LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM* & SMHS* Katie A.</p>		
<p>Cultural Competency : White, Black, Asian, Native American Hispanic and LGBTQ</p>		

Willits & North County

<p>(RCS) Redwood Community Services 99 S. Humboldt St. Willits (707) 459-9900</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth & Families, Young Adults</p>	<p>Language spoken: English / Spanish / LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM* Katie A., FSP* & SMHS*</p>		
<p>Cultural Competency : White, Black, Asian, Native American, Hispanic and LGBTQ</p>		

<p>Long Valley Health Center 50 Branscomb Rd. Laytonville (707) 984-6131</p> <p>Provider Type: Community Health Clinic</p>	<p>Serves: Children, Youth, Adults, Older Adults & Families</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Depression, Anxiety & Substance Use Disorders</p>		
<p>Cultural Competency : White, Black, Hispanic, East Indian, Native American & LGBTQ</p>		

<p>Little Lake Health Center 45 Hazel St. Willits (707) 456-9600</p> <p>Provider Type: Federally Qualified Health Clinic</p>	<p>Serves: Children, Youth, Adults, Older Adults, & Families</p>	<p>Language spoken: English</p> <p>Taking new Clients: In-house referrals only</p>
<p>Scope of Competence & Evidence Based Practice: Behavioral Health Services, Psychotherapy & Psychiatry</p>		
<p>Cultural Competency : White, Black, Hispanic and Native American</p>		

<p>Round Valley Indian Health Center—Yuki Trails 23000 Henderson Ln. Covelo (707) 983-6648 ext. 200</p> <p>Provider Type: Indian Health Clinic</p>	<p>Serves: Children (over 2 1/2), Youth, Adults, Older Adults, Couples, Intellectually Disabled & Families</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Trauma/Abuse, Grief & Loss, Domestic Violence, Anxiety, Depression, Dual Diagnosis, Substance Abuse (Group/Individual), Anger Management Classes</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, East Indian, LGBTQ & Native American</p>		

<p>Mendocino County Youth Project (MCYP) 776 S. State St. #107 Ukiah (707) 463-4915 (Willits & Covelo)</p> <p>Provider Type: Organizational</p>	<p>Serves: Children, Youth, Intellectually Disabled Children & Families</p>	<p>Language spoken: English / Spanish / LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, SMHS*, Katie A.</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ & Native American</p>		