

Access to Mental Health Services— All County (800) 555-5906
Provides access to specialty mental health services. (All ages)

Action Network— Point Arena, Gualala and South Coast (707) 884-5413
Provides mental health community services and support for unserved & underserved children and their families. Facilitates a Parent Partner Program. A MHSA, PEI, and CSS funded Program (All ages)

Anderson Valley Unified School District (AVSD) - Anderson Valley (707)895-3774
Provides mental health prevention and early intervention services focused on school aged children in AVSD. Provides community-based family support services. A MHSA funded program. (Children 5-18)

Arbor Youth Resource Center— Ukiah (707) 462-7267
A Drop-In Youth Resource center which offers a myriad of classes and programs designed to assist youth in being successful. Classes focus on academic and employment success, substance use and addiction, parenting, healthy living, legal issues, and financial success. A MHSA funded program. (TAY ages 14-24)

COASTAL SENIORS— Point Arena, Gualala and South Coast (707) 882-2137
Provides Senior Adult Support and education. A MHSA funded program.
(Older Adults 60 and older)

Consolidated Tribal Health Project— Ukiah (707) 485-5115
Behavioral Health Services and Substance Use Disorder Treatment services to local Native American tribal members. A MHSA funded program (All ages)

Crisis Services—All County (800) 555-5906
Provides a crisis line for any person in need of emergency / immediate assistance with a mental health issue.

Hospitality Center— Fort Bragg (707) 961-0172
Provides case management and specialty mental health services. The Wellness Center provides outreach, engagement and linkage to other support services, classes and groups to support life skills training. Centers are a safe environment that encourage peer support, self advocacy and personalized recovery. Homeless and housing resource. (18 and older)

Integrated Care Management Solutions (ICMS) - Ukiah & Fort Bragg (800) 555-5906
Provides Crisis & post crisis support, Mental Health assessments, psychiatry , specialty mental health services, care management, linkage to resource, and referrals. Full Service Partnerships. (Adults 25 and older)

Laytonville Healthy Start Family Resource Center— Laytonville and North County (707) 984-8089
Provides PEI funding, services focused in Laytonville & Covelo. Provides community-based family support services. (All ages)

Manzanita Services— Ukiah and Willits (707) 463-0405
Provides Case Management to adult specialty mental health service clients. The Wellness Center provides Outreach and Engagement and linkage to other support services, classes and groups to support life skills training. Centers are a safe environment that encourage peer support, self advocacy and personalized recovery and Benefits Advocacy. (Adults 18 and older)

MCAVHN- Ukiah (707) 462-1932
Provides case management to adults 18 and older. Provides services for adults as designated by the 11:00 O'clock Court. Full Service Partnerships. (Adults 18 and older)

Mendocino County BHRS/CWS Katie A. & Wraparound - Ukiah, Fort Bragg & Willits (707) 463-7990
Provides Mental Health services to children at risk of placement in Foster Care, helps child build skills necessary for functioning at home and in the community. Facilitates a collaborative team to support the child and the family needs. Provides Wraparound services to support the family. (Children Ages 0-21)

Mendocino County Mental Health Services to CalWORKS—Ukiah (707) 463-5627
Provides employment and training services to Temporary Cash Assistance for Needy Families (TANF) recipients and applicants to find unsubsidized employment. Provides clients substance abuse and MH treatment/counseling with local providers. Helps with the cost of transportation, child care and other expenses to facilitate the participant's ability to get and keep employment. (Adults 18 and older)

Mendocino County Mental Health Services to Probation— Ukiah (707) 234-6902
Provides Services to Probationers that need mental health support or substance use treatment. All are by referral from the probation department to allow for the most opportunity to avoid returning to jail. (Adults 18 and older)

Mendocino County Mobile Outreach & Prevention Services— All county (707) 513-8004
Provides MH linkage and interim case management to adults in the target areas of North County, South Coast, and Anderson Valley. Case Manager accepts referrals and helps connect individuals to community resources, specialty mental health services and other support services. (All ages)

Mendocino County Veterans Services— Ukiah, Laytonville, Point Arena, Covelo, Fort Bragg, & Willits(707)463-4226
Advocate for any Veteran or their dependents, assistance with Applications for benefits. (All Veterans and/or dependents)

Mendocino County Youth Project (MCYP)- Ukiah (707) 463-4915
Provides Specialty Mental Health Services and case management. Provides MH services to youth at Juvenile Hall. Provides CSS funding for unserved and underserved children and their families. Provides PEI school-based services in Fort Bragg and Point Arena. (Children and TAY ages 0-24)

By referral only:

- **The Levine House** a six-bed emergency shelter in Ukiah that specifically serves AB12 youth, those high-risk youth in foster care over the age of 18.

Redwood Community Crisis Center(RC3)— All county (855) 838-0404
Provides Emergency Mental Health (MH) Crisis intervention, MH assessments, psychiatric referrals & follow-up, linkage to resource and long term support, inpatient psychiatric referrals, PEI and CSS funding during times of crisis. (Children and TAY 0 –24)

Redwood Coast Senior Center– Fort Bragg and North Coast (707) 964-0443

Provides in-home Senior Peer Counseling for older adults at risk for suicide, depression, isolation, anxiety and hospitalization. Help seniors to overcome barriers and become more involved in self-care and wellness. (Older Adults 60 and older)

Redwood Community Services (RCS)- Ukiah, Willits, Fort Bragg, Hopland, Potter Valley, Anderson Valley, Redwood Valley, Point Arena, Gualala and South Coast (707) 472-2922

Provides Specialty Mental Health Services, Prevention and Early Intervention (PEI), case management crisis intervention, aftercare support linkage and referral to therapeutic and/or psychiatric services. Provides Community Service & Supports (CSS) funding to the unserved and underserved Transitional Age Youth. Full Service Partnership and TBS Services . Available 24/7. (Children & TAY ages 0-24).

By referral only:

- **Stepping Stones** Ukiah Area - Young Adult housing, independent living skills and supportive services (THP Plus & THP Plus-FC housing for emancipated foster youth ages 18-24 & FSP services ages 18-24)
- **MC3 (Mendocino County Children's Center)** – Willits Area - provides temporary shelter and transitional treatment services to any child, age 7 and older, for whom no other safe and appropriate placement is available.
- **Mendocino House** – Ukiah Area - provides short-term, intensive community based, therapeutic program for youth who need this level of care for more than thirty days.
- **Arrowhead Ranch** – Ukiah - provides intensive rehabilitative services to at risk youth, an Intensive Rehabilitation Access Project

(IRAP), provides rehab services to children, ages 7-15, who are struggling with self-defeating behaviors that are inhibiting their ability to relate and function pro-socially.

Redwood Creek– Willits (707) 459-6134

Adult transitional residential facility social rehab model. (Adult 18 and older)

Round Valley Indian Health Center—Yuki Trails– Covelo (707) 983-6648

Provides Behavioral Health services and Substance Use Disorder Treatment services to primarily Native American children, youth, adults and families. Provides Anger Management and Domestic Violence classes. (All ages)

Tapestry Family Services– Ukiah, Willits, and Covelo (707) 463-3300

Provides Specialty Mental Health Services & case management. Through the use of CSS funding, provides therapeutic counseling and support to the Latino Population countywide as well as the unserved /underserved tribal communities youth and families. TBS Services. (Children and TAY 0-18)

Ukiah Senior Center– Ukiah (707) 462-4343

Provides in-home Senior Peer Counseling for older adults at risk for suicide, depression, isolation, anxiety and hospitalization. Help seniors to overcome barriers and become more involved in self-care and wellness. Older Adult and Veteran support. Transportation Services. (Older Adults 60 and older)

Willits Senior Center– Willits (707) 459-6826

Provides Senior Peer Counseling for older adults dealing with difficult personal life issues. Older adult support. (Older Adults 60 and older)

Created September 2015

Abbreviations used:

MH– Mental Health

MHSA– Mental Health Services Act

TAY– Transitional Age Youth ages 14 to 24

PEI– Prevention and Early Intervention Program

CSS– Community Services and Support

THP– Transitional Housing Program

AB12– Law extending Foster Care support to age 21.

TBS– Therapeutic Behavioral Services

Mendocino County Mental Health Plan (MHP) offers free language line, interpreter assistance, sign language and California Relay Services (TTY/TDD) for beneficiaries requesting or accessing services.

These services may be requested at any MHP provider site or by calling 1-800-555-5906

Speak Against Silence

North Bay Suicide Prevention Hotline of Mendocino County
1-855-587-6373



To access more community resources call/dial 211 or go to website.

Mendocino County Behavioral Health & Recovery Services (BHRS)

Mental Health Plan Comprehensive Program Guide



Mental Health Services

Crisis / ACCESS line
800-555-5906

Patient's Rights Advocate
(707) 463-4614

This brochure is available in English, Spanish and large print.

Please see the receptionist or call 1-800-555-5906

Or online at:

<http://www.co.mendocino.ca.us/hsa/mentalhealth.htm>